

# NEED FOOD?

Or know someone who does? The Gemma E. Moran United Way/Labor Food Center provides food to the following distribution sites throughout Southeastern Connecticut.

## Community Meal Sites

<b>Alliance for Living</b> 154 Broad Street, New London Mon, Fri, 8:30 a.m. to 4:30 Tue – Th, 8:30 a.m. to 8:00 pm	<b>447-0884</b>
<b>Care and Share</b> 20 Grove Avenue, Groton Thursdays, 5:00 p.m. - 6:30 p.m.	<b>446-1616</b>
<b>First Church–Fishes &amp; Loaves</b> 66 Union Street, New London 2nd Saturday of each month, Lunch 12:00 p.m. – 1:00 p.m.	<b>443-8409</b>
<b>New London Community Meal Center</b> 12 Montauk Avenue, New London Sun– Fri, Lunch 12:00 p.m. - 1:00 p.m./Dinner 5:00 p.m. - 6:00 p.m.	<b>444-7745</b>
<b>New London Salvation Army</b> 11 Governor Winthrop Blvd., New London Mon – Fri 9:00 a.m. - 4:00 p.m. Pantry: Mon, Wed, Fri, 10:00 a.m.- 4:00 p.m. and for emergencies	<b>443-6409</b>
<b>Norwich Salvation Army</b> P. O. Box 707, Norwich Office: Mon – Fri, 9:00 a.m. - 2:00 p.m. Pantry: Mon – Wed, 1:00 p.m. - 2:00 p.m. or by appt. Lunch: 2nd Sunday of the month, 2:00 p.m.	<b>889-2329</b>
<b>St. James Episcopal Church</b> 76 Federal Street, New London 1st Saturday of each month, Lunch 12:00 p.m. - 1:00 p.m.	<b>443-4989</b>
<b>St. Vincent de Paul</b> 10 Railroad Place, Norwich Pantry: Mon, Tues, Fri, 12:00 p.m. - 1:00 p.m. Kitchen: Mon – Sat, 8:00 a.m. - 2:00 p.m.	<b>889-7374</b>
<b>Tabernacle of Deliverance &amp; Praise</b> 230 Hunters Road, Norwich 3rd Wednesday of each month, 5:00 p.m. - 6:00 p.m.	<b>886-6436</b>
<b>Unitarian Universalist Church</b> 148 Broadway, Norwich Last Sunday of each month, 2:00 p.m. - 3:00 p.m.	<b>889-1062</b>

## Child Care Programs for Children

<b>B.P. Learned Mission</b> 40 Shaw Street, New London Mon – Fri, 2:30 p.m. - 6:00 p.m.	<b>442-2896 X 1417</b>
<b>Centro de la Comunidad Day Care</b> 109 Blinman Street, New London Mon – Fri, 2:30 p.m. - 4:30 p.m.	<b>437-3309</b>
<b>Child Works Preschool</b> 3 Garvin Street, New London Mon – Fri, 7:00 a.m. - 5:00 p.m.	<b>437-8811</b>
<b>Connecticut College Mentoring Program</b> 270 Mohegan Avenue, New London Mon – Fri, 8:00 a.m. - 6:00 p.m.	<b>439-2458</b>
<b>Drop-In Learning Center</b> 45 Broad Street Annex, New London Mon – Fri, 8:00 a.m. - 5:30 p.m.	<b>442-4466</b>
<b>Early Childhood Development Center</b> 591 Poquonnock Road, Groton Mon – Fri, 7:00 a.m.- 5:30 p.m.	<b>449-8217 x124</b>
<b>Madonna Place</b> 240 Main Street, Norwich Support Center: Mon – Fri, 9:00 a.m. - 3:00 p.m. Groups: Mon, Wed, open until 7:00 p.m.	<b>886-6600</b>

<b>Office of Youth Affairs</b> 120 Broad Street, New London Mon – Fri, 8:30 a.m. - 4:30 p.m.	<b>442-4994</b>
<b>Prime Time</b> 181 Boston Post Road, Waterford Mon – Fri, 8:30 a.m. - 6:00 p.m.	<b>443-5368</b>
<b>Riverfront Children's Center</b> 476 Thames Street, Groton Mon – Fri, 6:00 a.m. - 5:00 p.m.	<b>445-8151</b>
<b>Small World/Y.M.C.A. of SECT</b> 40 Central Avenue, Groton Mon – Fri, 6:30 a.m. - 5:30 p.m.	<b>448-6406</b>
<b>Y.M.C.A of Southeastern CT-Kids Care</b> 337 Main Street, Norwich Mon – Fri 6:30 a.m.- 6:30 p.m.	<b>889-7349</b>

## Food Pantries

<b>Alliance for Living</b> 154 Broad Street, New London Mon, Fri, 8:30 a.m. - 4:30 p.m. Tues – Th, 8:30 a.m. - 8:00 p.m.	<b>447-0884</b>
<b>Apostolic Cathedral of Hope</b> 157 Green Street, New London 3rd Thursday of each month, 2:00 p.m. - 4:00 p.m.	<b>437-7500</b>
<b>Beulah Land Church</b> 63 Church Street, Norwich Wednesdays, 5:00 p.m. - 6:00 p.m.	<b>889-4511</b>
<b>Catholic Charities &amp; Family Services</b> 22 Masonic Street- Suite 202, New London Mon – Fri 8:30 a.m. - 4:30 p.m.	<b>443-5328</b>
<b>Catholic Charities &amp; Family Services</b> 331 Main Street, Norwich Mon – Fri, 8:30 a.m. - 4:30 p.m.	<b>889-8346</b>
<b>Colchester Food Pantry</b> 127 Norwich Avenue, Colchester Mon, 8:00 a.m. - 3:30 p.m., Wed, 1:00 p.m. - 4:30 p.m. Th, 8:00 a.m. - 3:30 p.m.	<b>537-7235</b>
<b>First Step, Inc.</b> 38 Green Street, New London	<b>442-4289</b>
<b>Griswold, Town of</b> 28 Main Street, Griswold Mon – Wed, 8:30 a.m. - 4:00 p.m., Thu, 8:30 a.m. - 6:30 p.m., Fri, 8:30 a.m. - 1:30 p.m.	<b>376-7060</b>
<b>Groton Social Services</b> 2 Fort Hill Road, Groton Mon – Fri, 8:30 a.m. - 12:00 p.m. & 1:00 p.m. - 4:30 p.m.	<b>441-6765</b>
<b>Hospice</b> 171 Gallivan Lane, Uncasville Mon – Fri, 8:00 a.m. - 5:00 p.m. - phone system	<b>848-5699</b>
<b>Jewish Federation Snr &amp; Community Servies</b> 28 Channing Street, New London Mon – Fri, 11:30 - 3:00 p.m., Th, 1:00 p.m. - 3:00 p.m.	<b>444-6333</b>
<b>Kids Christmas</b> 58 Baltic Street, Norwich Mon – Fri, 9:00 a.m. - 4:30 p.m.	<b>887-1101</b>
<b>Living Word Fellowship</b> 512 Beach Pond Road, Voluntown Sundays, 12:15 p.m. - 12:45 p.m./on call for emergencies	<b>376-6577</b>
<b>Martin Luther King Jr. Center</b> 21 Fairmount Street, Norwich, Call for hours	<b>887-6255</b>

**MTC-MDA UAW Food Locker** 445-8619  
18 Pleasant Street, Groton  
Thursdays, 9:30 a.m. - 11:30 a.m. or by appt. for emergencies

**Montville Senior/Social Services** 848-0422  
310 Norwich-New London Turnpike  
Tue – Fri, 8:00 a.m. - 4:00 p.m. or by appt.

**Montville Union Baptist Church** 848-3570  
279 Route 163, Montville  
2nd, 4th Saturday of each month, 9:00 a.m. - 11:00 a.m.

**Navy Marine Corps Relief Society** 694-3285  
Groton Sub Base Food Pantry. Bldg 83  
Mon – Fri, 8:00 a.m. - 4:00 p.m.

**Neighbors Helping Neighbors** 642-4580  
579 Exeter Road, Lebanon  
Thursdays, 1:30 p.m. - 2:00 p.m. - 6:00 p.m. - 7:00 p.m. or by appt.

**New Life Church** 464-9098  
1729 Center Groton Road, Ledyard  
2nd, 4th Saturdays, 9:00 a.m. - 12:00 a.m.

**New London Area Food Pantry – voucher required** 443-6680  
OIC, 106 Truman Street, New London  
Mon, 2:00 p.m. - 4:00 p.m./Tue, Th, 10:00 a.m. - 12:00 p.m.

**New London Child & Family Agency** 444-6830  
75 Grantie Street, New London  
Mon– Fri, 9:00 a.m. - 7:00 p.m., Saturdays, 9:00 a.m. - 12:00 p.m.

**New London Salvation Army** 443-6409  
11 Governor Winthrop Blvd, New London  
Mon – Fri, 9:00 a.m. - 4:00 p.m.  
Pantry: Mon, Wed, Fri, 10:00 a.m. - 4:00 p.m. and for emergencies

**Norwich Area Clergy** 889-8313  
2 Union Square, Norwich  
Thursdays, 9:00 a.m. - 12:00 p.m.

**Norwich Human Services** 823-3778  
80 Broadway – Union Square, Norwich  
Mon – Fri, 8:30 a.m. - 4:30 p.m.

**Norwich Salvation Army** 889-2329  
P.O. Box 707, Norwich  
Office: Mon – Fri, 9:00 a.m. - 2:00 p.m.  
Pantry: Mon – Wed, 1:00 p.m. - 2:00 p.m. or by appt.  
Lunch: 2nd Sunday of each month at 2:00 p.m.

**Norwich Worship Center** 822-9522  
165 Lawler Lane, Norwich  
Fridays, 9:30 a.m. - 11:00 a.m./ by appt in emergencies

**Opportunities Industrial Center** 447-1731  
106 Truman Street, New London  
Mon – Fri, 9:00 a.m. - 2:30 p.m.

**Outreach for the Unreached** 445-2227  
Community of Christ Church  
12 Inchcliffe Drive, Gales Ferry  
2nd, 4th Saturday, 9:00 a.m. - 1:00 p.m.

**Pawcatuck Neighborhood Center** 599-3285  
27 Chase Street, Pawcatuck  
Mon – Fri, 8:30 a.m. - 4:00 p.m.

**St. Mary's Church** 376-2044  
34 North Main Street, Jewett City  
2nd, 4th Tuesday of the month, 10:00 a.m. - 11:00 a.m. and  
3:00 p.m. - 4:00 p.m. on call for emergencies

**Sisters of Charity** 822-8241  
54 West Main Street, Baltic  
Mon – Fri, 8:00 a.m. - 4:00 p.m.

**Sound Community Servies** 445-1666  
Bent Crandall 447-8266  
SAP Program 447-8268  
Oasis – Soup Kitchen 439-1755

**Reliance House Teamworks** 885-1908  
124 Laurel Hill Avenue, Norwich  
Tuesday nights, 5:00 p.m., Mon – Fri, 8:30 a.m. - 4:30 p.m.  
Saturday, 9:00 a.m. 3:00 p.m., Sunday brunch, 8:30 a.m. - 11:30 a.m.

**Relaince House Penobscot Place** 887-6536  
16 Penobscot Place, Norwich  
Mon – Fri, 10:30 a.m. - 1:45 p.m.

**Thames River Community Center**  
• 202 Coleman Street, New London  
1 X monthly, Thursdays, 12:00 p.m. - 1:30 p.m.  
• Briarcliff, 96 Reddon Avenue, New London  
1 X monthly Friday, 8:30 a.m. - 11:30 a.m.  
• Gordon Court, 78 Walden Avenue, New London 443-2851  
3rd Thursday monthly from, 10:00 a.m. - 2:00 p.m.  
• Bateswoods, 87 Buchanan Road, New London 447-2574  
1 Wednesday monthly, 6:00 p.m. - 8:00 p.m.  
1 Saturday monthly 10:00 a.m. - 12:00 p.m.  
• Crystal Avenue, 46 Crystal Avenue, New London  
• Williams Park, 127 Hempstead Street, New London 437-8589  
3rd Wednesday of each month, 2:00 p.m. - 4:00 p.m.  
and by appt.

### Residential Programs

**Martin House Inc.,** 889-6150  
401 West Thames Street Bldg 700, Norwich  
Available 24 hours a day, 7 days a week

**Mother's Retreat** 405-2107  
542 Long Hill Road, Groton  
Available 24 hours a day, 7 days a week

**New England Adolescent Treatment Center** 448-0550  
18 Thames Street, Groton  
Available 24 hours a day, 7 days a week

**Shelters**

**Covenant Shelter, New London** 443-0537  
Available 24 hours a day, 7 days a week

**FHM Services Inc., Groton** 448-3400  
Available 24 hours a day, 7 days a week

**High Street House** 536-2154  
Noank Baptist Group Homes, Mystic  
Available 24 hours a day, 7 days a week

**Main Street House** 536-2154  
Noank Baptist Group Homes, Noank 536-2909 ( M. Str.)  
Available 24 hours a day, 7 days a week

**Gray Farm House** 464-0328  
Noank Baptist Group Homes, Inc., Ledyard  
Available 24 hours a day, 7 days a week

**Micheal Kerr Respite House, Norwich** 886-6991  
Available 24 hours a day, 7 days a week

**TVCCA Shelter, Norwich** 425-6574  
Available 24 hours a day, 7 days a week  
Office: Mon – Fri, 8:00 a.m. - 4:00 p.m.

**Women's Center, New London** 447-0366, X 222  
Available 24 hours a day, 7 days a week  
Office Hours, Mon – Fri, 8:00 a.m. - 4:00 p.m.

*If your nonprofit group would like to inquire about joining the Gemma Moran United Way/Labor Food Center as a distribution site, please call the Food Center at 444-8050.*

*Find more information at [uwsect.org/collaborations/gmoran](http://uwsect.org/collaborations/gmoran).*



*AFL-CIO Community Services and United Way Partnership*