



**GET CONNECTED TO FREE, CONFIDENTIAL,
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A Guide to New London County's Feeding Sites

COMMUNITY MEAL SITES **(TAKE OUT MEALS ONLY)**

Agencies provide hot meals, or prepared meals.

New London

Engaging Heaven Church 860-917-9799

66 Union Street, New London
Breakfast M-F 7:00am-7:30 am
Second Saturday of each month (Lunch: 12:00pm-1pm)

Meals "To Go" Only

Serving: Open to Everyone

New London Community Meal Center (860) 444-7745

12 Montauk Avenue, New London
Lunch and Dinner Monday-Friday, 3rd, 4th & 5th Saturday lunch,
and Sunday Dinner

"Take Out" Only

Serving: Open to Everyone

Church of the City of New London

First Baptist Church of New London
268 State Street, New London, CT, 06320
Saturdays 5pm—6pm

"Take Out" Only

Serving: Open to Everyone

Groton Community Meals 860-629-8557

Faith Lutheran church (625 Poquonnock Rd. Groton)
Dinner, Mondays 5:30-6:30 pm

"Take Out" Only

Serving: Open to Everyone

Norwich

St Vincent De Paul Place (860) 889-7374

120 Cliff Street, Norwich
Breakfast 8-10am, Lunch 11:30 am-1pm Mon thru Saturday

"Take Out" Only

Serving: Open to Everyone

Montville

Montville Senior/ Social Services (860)-848-0422

310 Norwich-New London Turnpike, Montville
Monday-Friday 8:30 am to 3:00 pm

"Delivery for SENIORS" Call ahead

Serving: Seniors only

Emergency Food Pantries

Agencies distribute free supplemental groceries to community members. **Due to COVID-19 agencies are running by appointment only, or drive-thru distributions. Please ensure to contact the pantry program for more information.**

New London/Waterford

Adventist Community Services of CT (860)-442-7258

152 Bloomingdale Rd., Waterford

Serving: Open to Everyone

Town of Waterford (860)444-5834

15 Rope Ferry Rd. Waterford
Monday-Friday 8:00am-4:00pm

Serving: Waterford Residents

Waterford Interfaith Food Locker (860)-444-5848

200 Boston Post Rd. Waterford
Monday-Friday 9:00 am-3:00 pm- **Grab and Go Service**
Friday 11:00am-1:00pm **Drive Through Service**

Serving: Waterford Residents

NL Housing Authority-202 Colman Street (860)-443-2851

202 Colman Street, New London
Fourth Monday 1-2pm

Serving: Housing residents only

NL Housing Authority-Gordon Court (860)-443-2851

36 Gordon Court, New London
Fourth Tuesday 10am-11am

Serving: Housing residents only

NL Housing Authority-Williams Park (860)-443-2851

127 Hempstead Street, New London
Fourth Friday 1-2pm

Serving: Housing residents only

NL Housing Authority-Riozzi Court (860)-443-2851

78 Walden Avenue, New London
Fourth Monday 10am-11am

Serving: Housing residents only

Catholic Charities – New London (860)-443-5328

28 Huntington St. New London
Monday- Thursday **by appointment only**

Appointment only pick up

Serving: Open to Everyone

Gemma E. Moran United Way/Labor Food Bank, 374 Broad Street, New London CT 06320 P: (860)444-8050

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New London/Waterford Cont.

Alliance for Living (860)-447-0884 ext. 235
154 Broad St, New London
Wednesdays 8:30am-4:00pm
Curbside Pick-Up Only- Call ahead, please stay in cars.
Serving: Open to Everyone

Lord's Pantry (860)-443-4989
76 Federal Street, New London
Monday-Friday 10:00am-12:00pm **by appointment only**
Curbside Pick-Up-Call Ahead- By appointment
Serving: Open to Everyone

New London Area Food Pantry (860) 443-6680
106 Truman Street, New London
Mondays 2:00-4:00pm; Thursdays 10:00am-12:00 pm
Curbside Pick-Up Only- please stay in cars
Serving: Open to Everyone

Jewish Federation Senior and Community Services
28 Channing Street, New London (860)-444-6333
Monday-Friday Call between 1pm-2pm
Curbside Pick-Up Only- by appointment only- please stay in cars
Serving: Open to Everyone

New London Salvation Army (860)-443-6409
11 Gov. Winthrop Blvd., New London
Monday-Wednesdays and Fridays by appointment only
By appointment Curbside Pick-Up - please stay in cars
Serving: Residents of Clinton to Pawcatuck (Lower NL County)

Shiloh Development Corporation 860-443-6046
3 Garvin St. New London
Friday 11:00am-1pm
Curbside Pick-Up- Call ahead for pick-up appointments
Serving: New London County Residents

Norwich

St Vincent De Paul Place (860) 889-7374
120 Cliff Street, Norwich
Monday: 1pm-3:00pm, Wednesday 10:30am-12:30pm and 1:00-3:00pm and Saturday 9:00am-11:00am
Pre-packed bags pick up- Come in during service hours
Serving: Open to Everyone

Catholic Charities – Norwich (860)-889-8346
331 Main Street, Norwich
Wednesday 1:30-3:30, Friday 1:00-3:30, Last Thursday of the month from 4:00-6:00 pm. **or by APT EMERGENCY ONLY**
Curbside Pick-Up Only- please stay in cars
Serving: Open to Everyone

Norwich Cont.

Norwich Salvation Army (860) 889-2329
169 Franklin Street, Norwich
Pantry Tuesday/Wednesday/Thursday 1pm-3pm or by appt.
Lunch 2nd Sunday of month at 2:00 pm
Curbside Pick-Up Only- please stay in cars
Serving: Open to Everyone

Reliance Health- Penobscot Place (860)-887-6536 Ext. 530
2 Cliff St. Norwich
Monday- Friday 8am-4 pm
By appointment only
Serving: Internal Program Residents for Reliance Health members and Emergency Pantry for Norwich Residents

Rosalyn Allen Food Pantry At UCFS Healthcare (860)822-4146
47 Town St. Norwich
Monday-Friday 8:00am-2:00pm
Call for Appointment. Grab & Go system.
Serving: Open To Everyone

El Shaddai Worship Center (860)816-0718
175 Hickory Street, Norwich
Friday 11:00am-1:00 pm, Saturday 10:00am-1:00 pm, Sunday 8am, 10:30am
Call for Appointment. Grab & Go system.
Serving: Open to everyone

Eglise Evangelique PS23 Inc. (860)574-0170
134 Boswell Ave. Norwich
Wednesdays 10:00am-12:00pm
Grab & Go system.
Serving: Open to Everyone

Norwich Free Academy (860)383-9964
305 Broadway, Norwich
Delivery & Pick Up By Appointment Only- Call for registration
Serving: Norwich Free Academy Students Only

Madonna Place 860-886-6600
240 Main Street, Norwich
Monday-Friday 9:00am-3:00pm
Call for Appointment. Grab & Go system.
Serving: New London County families with children under 18 in their custody only
Diapers and Baby Food available

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Groton

Bent Crandall (860)-445-1666
649 Buddington Road, Groton
Monday-Friday 8am-4pm
****Call for Appointments. Grab & Go System.**
Serving: New London County Residents

Groton Human Services (860)441-6760
2 Fort Hill Road, Groton
Monday- Friday 8:30 am- 4:30pm by **appointment preferred**
Curbside Pick-Up Only- please stay in cars
Serving: Groton Residents Only

MTC/UAW (860) 445-8619
18 Pleasant Street, Groton
Thursdays 9:30am-11:30am
Curbside Pick-Up Only- please stay in cars
Serving: Open To Everyone

Colchester/Salem

Colchester Youth and Social Services (860)-537-7235
127 Norwich Avenue, Colchester
Thursdays 9:00am-11: am and 1:00 pm- 4:00 pm
Emergency bags always available
Curbside Pick-Up Only- please stay in cars- call ahead for appt
Serving: Colchester Residents

Town of Salem Food Pantry (860)859-3873
270 Hartford Rd. Salem
Monday-Friday 8:00 am-4:00 pm
Delivery Services only
Serving: Colchester, Salem and Oakdale Residents

East Lyme/Old Lyme

Shoreline Soup Kitchens
St. John's Episcopal Community Church (860) 388-1988
400 Main Street, Niantic
Thursday 5-6pm
Curbside Pick-Up Only- please stay in cars
****Serving: Chester, Clinton, Deep River, Essex, East Lyme, Old Lyme and Lyme, Killingworth, Madison, Old Saybrook and Westbrook.**

East Lyme/Old Lyme Cont.

Shoreline Soup Kitchens
First Congregational Church Old Lyme (860)-388-1988
2 Ferry Road, Old Lyme
Saturday 9am-11am
Curbside Pick-Up Only- please stay in cars
**** Serving: Chester, Clinton, Deep River, Essex, East Lyme, Old Lyme and Lyme, Killingworth, Madison, Old Saybrook and Westbrook.**

Care and Share Inc. of East Lyme (860)739-8502
12 Roxbury Rd. Niantic
Tuesday 10:00am-12:00pm
Wednesday-Friday 2:00pm-4:00pm Voicemail after hours
Curbside Pick-Up Only- Call ahead for appointment
Serving: East Lyme, Niantic, Salem Residents

Helping Hands-S.W.E.E.T. Potato Society (860) 451-8237
55 Pennsylvania Ave. Niantic
Tuesdays and Thursdays from 9:00am-4:00pm
Deliveries and Pick Up Available
Serving: Residents of New London County

Montville

Montville Senior/Social Services (860)-848-0422
12 Maple Ave, Montville
Monday-Friday 8:30 am – 3 pm
Curbside Pick-Up Only- please stay in cars- Call ahead for appt.
Serving: Montville Residents and surrounding towns

Montville Union Baptist Church (860)-848-3570
279 Route 163, Montville
2nd and 4th Saturday 9am-11am
Curbside Pick-Up Only- please stay in cars
Serving: Open to Everyone

Lebanon/Preston/ Bozrah

Preston City Congregational Church (860) 887-6452
321 Route 164, Preston
Third Wednesday of the month, 10am-12pm and 3pm-5pm.
By Appointment only. Call ahead.
Serving: Ledyard, Norwich, Preston, Voluntown, Gales Ferry, Jewett City, Taftville, Yantic, Griswold.

Town of Bozrah (860)-889-2689
One River Road, Bozrah
Monday through Wednesday 9am-4pm and Thursdays 9am-6pm
Serving: Bozrah Residents only

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Ledyard/Gales Ferry

New Life Christian Fellowship Food Pantry (860)-464-9098
1729 Center Groton Rd. Ledyard
2nd and 4th Saturdays 9am-11am
Curbside Pick-Up Only- please stay in cars
Serving: Open to Everyone

Town of Ledyard Social Service (860)-464-3222
741 Colonel Ledyard Highway, Ledyard
Monday-Thursday 9:30 am-11:30am and 1:30 pm-3:30pm
Curbside Pick-Up Only- please stay in cars
Serving: Ledyard Residents

Pawcatuck/Stonington/North Stonington

Pawcatuck Neighborhood Center (860)-599-3285
27 Chase Street, Pawcatuck
Monday, Tuesday, Thursday, Friday 11:00am-3:00 pm
Drive Thru
Serving: Stonington, North Stonington, Westerly residents




Baltic/Jewett City

Sisters of Charity (860)-822-8241
54 West Main Street, Baltic
Monday, Tuesday, Friday by appointment only
Grab & Go. By appointment only- please stay in cars
Serving: Baltic Residents

Sprague Senior Center (860)822-3013
One Main Street, Baltic
Wednesdays 10am-12pm
Grab and Go- Call for a pickup appointment.
Serving: Residents of Baltic, Lebanon, Lisbon, Colchester,
Franklin , Voluntown


Saint Mary's Church Food Pantry (860)-376-2044
34 North Main Street, Jewett City
2nd and 4th Tuesdays of the month 10am-11 am and 3pm-4pm
Drive-Thru Style- please stay in your cars
**Serving: Residents of Griswold, Jewett City, Lisbon,
Canterbury and Voluntown**

COVID-19 INFORMATION HOTLINE

CALL 2-1-1 TEXT "CTCOVID" TO 898211

Hotline is Intended for General Questions Related to COVID-19.
Anyone Experiencing Symptoms is Strongly Urged to Contact Their
Medical Provider to Seek Treatment.



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