

Volunteer Descriptions

Gemma E. Moran
United Way/Labor Food Center

AFL-CIO
COMMUNITY SERVICES



An AFL-CIO Community Services and United Way Partnership

Food Center Warehouse Volunteer Descriptions

For volunteers ages 17 and older

Sorting Donated Food

On weekdays, volunteers inspect, sort and pack perishable and non-perishable food for distribution to direct feeding programs and to pack on the Mobile Pantry truck.

Office Assistance

Volunteers are often need to write thank you notes, file, copy, stuff envelopes, process mail, do data entry, and fold and stuff letters to assist various departments.

Mobile Food Pantry

Volunteers are needed the day before and morning of Mobile Pantry distributions. Volunteers sort and package up produce and other perishable items while packing the truck in preparation for distributions. Please ask when these dates and times are available.

Gleaning

Volunteers are needed periodically to help glean (pick and sort) fresh produce at local farms and orchards for food distribution to the many food assistance agencies throughout our service area.

Special Events

Thanksgiving is our busiest time of the year and offers many volunteer opportunities. There are numerous food drives during this time of year increasing the need for volunteer manpower to help with sorting.

Food drives are also held throughout the year to benefit the Food Center, such as the National Association of Letter Carriers "Stamp Out Hunger" food drive in May, which requires extra volunteers.

If your group or organization is interested in running a food drive, we can help you set it up!

For volunteers between 12-17

Young people play a vital role as volunteers, helping with everything from sorting donated food and assisting with office mailings, to helping at food drives and special events. Children ages 12-17 MUST be accompanied by a parent or caregiver at all times when they volunteer at the Gemma E. Moran United Way/Labor Food Center warehouse.

If you have questions about volunteering, contact Lamar at (860) 464-3315 or lamar.spruill@uwsect.org.

**Questions? Please contact the Food Center
at 860.444.8050 or www.uwsect.org/foodcenter.**