

# Emergency Food Sites

Gemma E. Moran United Way / Labor Food Center

New London County

Gemma E. Moran  
United Way/Labor Food Center



An AFL-CIO Community Services and United Way Partnership

BALTIC LOCATIONS	Type	Address	Days & Hours	Restrictions	Contact
Sisters of Charity Food Pantry	Pantry	54 W. Main St., Baltic	Th 3-4pm inside shopping	Sprague residents - once a week	860-822-8241

COLCHESTER LOCATIONS	Type	Address	Days & Hours	Restrictions	Contact
Colchester Food Bank	Pantry	127 Norwich Ave, Colchester	Thurs by appt only or by emergency	Colchester residents	860-537-7235
Rosalyn Allen Food Pantry	Mobile Pantry	varied Colechester location	For mobile food pantry dates and times, please call 860-822-4146 or visit <a href="https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/">https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/</a>	No restrictions	860-822-4146

EAST LYME/OLD LYME/NIANTIC LOCATIONS	Type	Address	Days & Hours	Restrictions	Contact
Care and Share. Inc. of East Lyme	Pantry	12 Roxbury Rd., Niantic	Saturday: 11am-1pm or by appointment	Resident of East Lyme/Niantic or Salem in need	860-739-8502
Shoreline Soup Kitchens Pantry @ St. John's Episcopal Church	Pantry	400 Main St, Niantic	Thursday 2:30-4:30pm	Anyone in need	860-388-1988
Helping Hands - SWEET Potato Society, Inc	Pantry	55 Pennsylvania Ave, Niantic	Tues & Thurs 9am-1pm	No restrictions - deliveries and pickups available	860-451-8237
Shoreline Soup Kitchens Pantry @ First Congregational Church	Pantry	2 Ferry Road , Old Lyme	Sat 9-11am	No restrictions	860-388-1988



**United Way of Southeastern Connecticut**  
**Gemma E. Moran United Way / Labor Food Center**  
 Visit our website for additional resources and mobile food pantry calendar >



<b>GRISWOLD/JEWETT CITY</b>	<b>Type</b>	<b>Address</b>	<b>Days &amp; Hours</b>	<b>Restrictions</b>	<b>Contact</b>
St. Mary's Food Pantry	Pantry	34 North Main Street, Jewett City	Drive Thru/ 2nd & 4th Tuesday of the Month/ 10am - 11am & 3pm - 4pm	CT resident	860-376-2044 ext. 108
UW Mobile Food Pantry @ Griswold High School	Pantry	267 Slater Ave, Griswold	3rd Thursday/month 4-5:30pm	Drive through	860-464-3327

<b>GROTON LOCATIONS</b>	<b>Type</b>	<b>Address</b>	<b>Days &amp; Hours</b>	<b>Restrictions</b>	<b>Contact</b>
Bent Crandall	Pantry	649 Buddington Rd, Groton	Call ahead for an appointment - Mon, Wed & Fri 12pm - 1pm	Income restrictions	860-445-1666
Groton Human Services	Pantry	2 Fort Hill Rd, Groton	M-F 8:30-4:30, distribute 10am-11:50 & 2-4pm	Must call ahead for an app't; Groton residents; once a month	860-441-6760
Malta	Pantry	20 Grove Ave, Groton	Wed 10am-noon, by appt only	no restrictions	860-373-3975
Groton Community Meals	Meals	Groton Senior Center, 12 Newtown Rd. (Mon) / Thames River Magnet School, 250 Brandegee Ave., Groton (Wed)	Monday 6-7pm @ Groton Senior Center, Wednesday 6-7pm @ Thames River Magnet	All welcome - all under 18 must be accompanied by an adult	<a href="https://www.grotonmeals.org/calendar/">https://www.grotonmeals.org/calendar/</a>
UW Mobile Food Pantry @ St. John's Christian Church	Pantry	346 Shennecossett Rd, Groton	4th Friday 12:30-2pm	Drive through	860-464-3327

<b>LEDYARD LOCATIONS</b>	<b>Type</b>	<b>Address</b>	<b>Days &amp; Hours</b>	<b>Restrictions</b>	<b>Contact</b>
Linda C. Davis (Ledyard) Food Pantry	Pantry	728 Col. Ledyard Hwy, Ledyard @ Morgan Barn on the lower Town Green	Tues, Thurs & Sat 9-11am	Ledyard & Gales Ferry residents	860-464-3222
New Life Christian Fellowship Pantry	Pantry	1729 Center Groton Rd. (Route 117), Ledyard	2nd & 4th Sat 9am-11am	No restrictions	860-464-9098

<b>MONTVILLE LOCATIONS</b>	<b>Type</b>	<b>Address</b>	<b>Days &amp; Hours</b>	<b>Restrictions</b>	<b>Contact</b>
Montville Senior / Social Services	Pantry	310 Norwich-New London Tpke, Montville	M-F 8:30am-3pm	Montville residents & surrounding towns	860-848-0422
Montville Union Baptist Church	Pantry	279 Route 163 (Oakdale Rd), Montville	2nd & 4th Saturday, 9-11am	Drive through only	860-705-8578

NEW LONDON LOCATIONS	Type	Address	Days & Hours	Restrictions	Contact
Engaging Heaven Church - NL Breakfast Program	Served breakfast	66 Union Street, NL	Mon-Fri 7-7:30am	None	860-917-9799
New London Community Meal Center	Served Meal	12 Montauk Street, NL	M-F lunch & dinner, 3rd, 4th Sat lunch & Sunday dinner; lunch served 12-1pm; dinner served 5-6pm	None	860-444-7745
Alliance for Living - Essentials of Life Program	Pantry	154 Broad Street, NL	Wed 12-2pm	Anyone affected by AIDS/HIV in SECT - curbside pick up available. Call ahead.	860-447-0884 ext. 227
Catholic Charities	Emergency Pantry	28 Huntington St, NL	M-F by appointments only	No restrictions	860-443-5328
Church of the City Community Meal	Meals	268 State Street, NL	Sat 5-6pm	None	860-447-0388
Lord's Pantry @ St. James Episcopal Church	Pantry	76 Federal St., NL	Wed 10am-12:30pm	NL County residents	860-443-4989
Whalers Helping Whalers	Pantry & Meals	Elks Club, 81 Washington St., NL	Sat 11am-1pm	No restrictions	203-589-7966; <a href="https://whalershelpingwhalers.org/">https://whalershelpingwhalers.org/</a>
City of NL Food Pantry - Senior Center	Pantry	120 Broad Street, NL	1st Thurs/month 12-3pm, 1st Fri/month 9am-3pm	NL resident 60+	860-447-5232
New London Area Food Pantry	Pantry	106 Truman St., NL	Monday 12:30-2:30pm Thursday 9:30-11:30am	No restrictions	(860) 443-6680 <a href="https://newlondonareafoodpantry.weebly.com/">https://newlondonareafoodpantry.weebly.com/</a>
New London Salvation Army	Pantry	11 Governor Winthrop Blvd., NL	Tues, Wed & Thurs 10am- noon	By appt only, may receive food every other week	860-443-6403
Shiloh's Food Pantry	Pantry	3 Garvin Street, NL	Fridays 3:30-5pm	Open to All. Registration preferred. Bags prepared by staff & distributed to clients. Clients not allowed in the building.	860-443-6046 ext. 110
Hispanic Alliance	Pantry	176 State Street, NL	Monday 4-6pm	must preregister: <a href="https://hispanicalliancesect.org/food-pantry/">https://hispanicalliancesect.org/food-pantry/</a>	860-941-9421 <a href="https://hispanicalliancesect.org/food-pantry/">https://hispanicalliancesect.org/food-pantry/</a>
New London Housing Authority - Riozzi Court	Pantry	131 Coleman St., NL	4th Monday 10-11am	Housing Authority residents only	860-443-2851 ext 14
NL Housing Authority - Williams Park	Pantry	127 Hempstead St., NL	4th Fri 1-2pm	Housing Authority residents only	860-443-2851 ext 14

NEW LONDON LOCATIONS	Type	Address	Days & Hours	Restrictions	Contact
NL Housing Authority - Gordon Court	Pantry	36 Gordon Court, NL	4th Tuesday, 10-11am	Housing Authority residents only	860-443-2851 ext 14
NL Housing Authority - 202 Coleman	Pantry	202 Coleman Street, NL	4th Monday 1-2pm	Housing Authority residents only	860-443-2851 ext 14
NL Partnership for Food to the People	Pantry	New London Senior Center, 120 Broad St, NL	Wed noon - 2pm	No restrictions	860-917-5508
New London Homeless Hospitality Center	Community Kitchen	325 Huntington St., NL			860-439-1573
Shekinah Haitian SDA Church	Pantry	60 Huntington Street, NL			860-367-4730
UW Mobile Food Pantry @ C.B. Jennings Elem School	Pantry	50 Mercer St., NL	4th Wednesday 4:30-5:30	Drive through	860-464-3327

NORWICH LOCATIONS	Type	Address	Days & Hours	Restrictions	Contact
St. Vincent de Paul Place	Pantry & Community Meals	120 Cliff Street, Norwich	<b>General Hours:</b> M-F 7am-4pm; Sat 7am-3pm / <b>Pantry:</b> Mon & Wed 9am-noon, 1-3pm, Sat. 9am-noon / <b>Meals:</b> Mon-Sat 8-10am; 11:30am-1pm	No restrictions	860-889-7374 www.svdpp.org
Catholic Charities	Pantry	331 Main Street, Norwich	M-F by appt only	No restrictions	860-889-8346
Eglise Evangelique PS. 23, Inc	Pantry	134 Boswell Ave., Norwich	Fri 3-5pm	appt. only/ call ahead	860-574-0682
El Shaddai Worship Center, Inc.	Pantry	156 North Main St., Norwich	delivery only	Call for appointment	772-361-4979 or 860-710-4026
Community Outreach Center	Pantry	294 Washington St., Norwich	Fri 12:30-2pm	Pre-registration required	860-822-6595
Rosalyn Allen Food Pantry	Mobile Pantry	UCFS, 47 Town St, Norwich	Non-perishable food bags are available for pick up M-F 8am-4pm. For mobile food pantry, call 860-822-4146 or visit <a href="https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/">https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/</a>	No restrictions	860-822-4146 <a href="https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/">https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/</a>
United Way Mobile Food Pantry @ Three Rivers Community College	Mobile Pantry	574 New London Tpke, Norwich	2nd Wednesday of the month 4:00-5:00pm	No restrictions - drive through	860-464-3327

<b>PAWCATUCK/STONINGTON LOCATIONS</b>					
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Pawcatuck Neighborhood Center	Pantry	27 Chase St, Pawcatuck	M-F 9am-3:30pm	resident of Stonington, North Stonington, Westerly, RI - Income restrictions	860-599-3285
United Way Mobile Food Pantry @ Stonington High School	Mobile Pantry	176 South Broad St., Stonington	1st Wed/month 4:00-5:00pm	No restrictions	860-464-3327

<b>PRESTON LOCATIONS</b>					
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Rosalyn Allen Food Pantry @ Preston Senior Center	Mobile Pantry	42 Long Society Rd, Preston	1st Friday of the month, 10-11am	No restrictions	860-822-4146 <a href="https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/">https://www.ucfs.org/pop-up-drive-thru-food-pantry-distribution-dates-3/</a>

<b>WATERFORD LOCATIONS</b>					
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Waterford Community Food Bank	Pantry	200 Boston Post Rd	M-F 8:15-4:15pm	Wtfd residents only	860-444-5848